

Self-portrait evaluation and building your skills step-by-step

Tathmini ya picha ya kibinafsi na kujenga ujuzi wako hatua kwa hatua

Proportion and detail: Shapes, sizes, and contour

Uwiano na undani: Maumbo, ukubwa, na contour

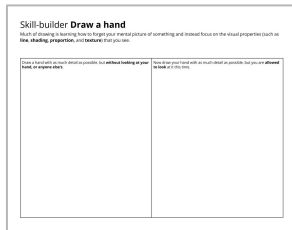
Shading technique: Deep black colours, smoothness, and blending

Mbinu ya kuweka kivuli: Rangi nyeusi nyingi, ulaini na mchanganyiko

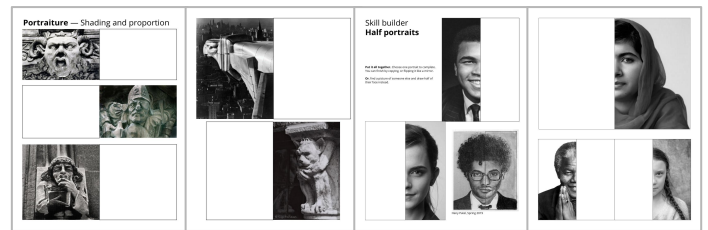
Composition: Complete, full, finished, and balanced

Muundo: kamili, kamili, imekamilika, na yenye usawa

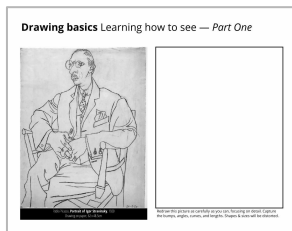
☐ **1.** Learn the difference between **looking and seeing**.
Jifunze tofauti kati ya kutazama na kuona.



☐ **7.** Practice drawing it **all together**.
Jizoeze kuchora yote pamoja.



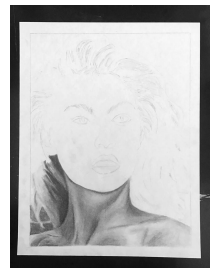
☐ **2.** Improve your ability to **see** and **draw details**.
Boresha uwezo wako wa kuona na kuchora maelezo.



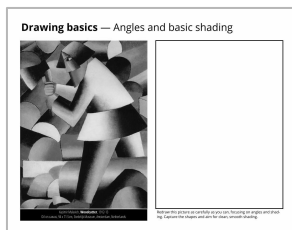
☐ **8.** Choose a **reference photo** with good **lighting**.
Chagua picha ya kumbukumbu yenye taa nzuri.



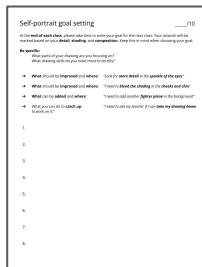
☐ **12.** Shade the **lighter** parts of the **shirt and neck**.
Piga kivuli sehemu nyepesi za shati na shingo.



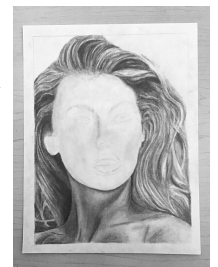
☐ **3.** Practice **drawing angles** and **shading**.
Fanya mazoezi ya kuchora pembe na kivuli.



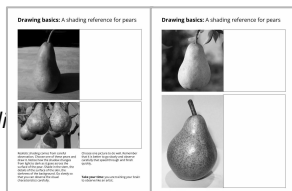
☐ **9.** Write one goal each day.
Andika lengo moja kila siku.



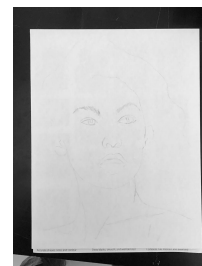
☐ **13.** Shade the **dark** parts of the **hair**, then the **light**.
Kivuli sehemu za giza za nywele, kisha mwanga.



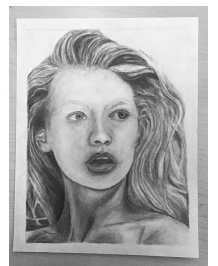
☐ **4.** Practice **blending** to make things look **3D**.
Jizoeze kuchanganya ili kufanya mambo yaonekane ya 3D.



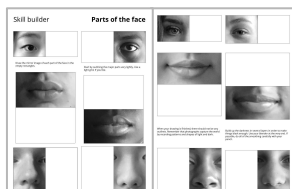
☐ **10.** Trace a **light outline**.
Fuatilia muhtasari wa mwanga.



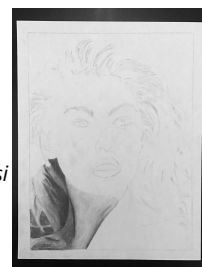
☐ **14.** Shade the **dark** parts of the **face**, then the **lights**.
Weka kivuli sehemu za giza za uso, kisha taa.



☐ **5.** Practice drawing **parts of the face**.
Fanya mazoezi ya kuchora sehemu za uso.



☐ **11.** Shade the **darkest** parts of the **neck and shirt**.
Piga kivuli sehemu nyeusi zaidi za shingo na shati.



☐ **15.** Shade to **connect** the parts, & **find improvements**.
Kivuli ili kuunganisha sehemu, na kupata maboresho.

